

European CBASP studies

Status: June 2008

PIs: Dr. M. Colla, Dr. P. Klein; Charite Berlin

Getting Biased treatment study: How do CBASP or antidepressants change brain activity in chronic depression?

Duloxetine (30-120mg) vs. CBASP (20 sessions over 12 weeks), 30 outpatients, outcome parameter: change of brain activity in fMRI; BMBF sponsored; Status: ongoing

PIs: Dr. E. Schramm, I. Zobel, Freiburg

CBASP vs. IPT in early onset chronically depressed outpatients (plus neuropsychological parameters)

Randomized pilot study; duration: 22 sessions over 16 weeks, 30 outpatients, sponsored by the Research Committee Freiburg; Status: recruitment completed

PIs: Dr. E. Schramm, Dr. C. Normann, I. Zobel, Freiburg

Dr. D. Schöpf, Prof. H. Walter, Dr. K. Schnell, Bonn

Differential response to CBASP vs. escitalopram in chronic major depression with and without early trauma (plus fMRI)

Randomized pilot study, duration: 22 sessions (12 acute, 10 maintenance) over 28 weeks, 60 outpatients, sponsored by Lundbeck; Status: accepted, beginning July 08

PIs: Dr. E. Schramm, Prof. M. Härter, Freiburg

A comparison of the Cognitive Behavioural Analysis System of Psychotherapy (CBASP) against supportive psychotherapy and against CBASP combined with venlafaxine

Randomized multicenter study, 20 weeks acute treatment (24 sessions) followed by 28 weeks of continuation treatment (8 sessions) = 32 sessions over 48 weeks; 315 outpatients, DFG-submitted, 2nd round:

Centers: Lübeck, Bonn, Münster, Leipzig, Tübingen, Marburg, Hamburg, Heidelberg, Mannheim, Freiburg

Dr. E. Schramm, E.-L. Brakemeier, G. Wilbertz, Freiburg (Diplomarbeit)

Theory of Mind-performance in early onset chronically depressed outpatients: signs of preoperational characteristics?

16 early onset chronically depressed patients vs. 16 healthy controls, use of the MASC-videotest, empathy-scales, and neuropsychological parameters
status: completed

Dr. E. Schramm, Ingo Zobel, Doris Werden, Freiburg (Diplomarbeit)

Theory of Mind deficits in chronically depressed patients

30 chronically depressed patients vs. 30 healthy controls, use of 2 cartoon picture stories, and neuropsychological parameters
status: completed

Wiersma JE, van Schaik DJ, van Oppen P, McCullough JP Jr, Schoevers RA, Dekker JJ, Blom MB, Maas K, Smit JH, Penninx BW, Beekman AT.

Treatment of chronically depressed patients: a multisite randomized controlled trial testing the effectiveness of 'Cognitive Behavioral Analysis System of Psychotherapy' (CBASP) for chronic depressions versus usual secondary care

BMC Psychiatry, 2008; 25; 8-18.

160 chronically depressed patients, 3 sites, 26-30 sessions in one year (bi-weekly followed by weekly sessions up to week 16. After that every two weeks and monthly sessions); sponsored by ZonMw – the Netherlands Organization for Health Research and Development
Status: 110 patients enrolled